

Friends of Age-Friendly Quarterly Recordings

Updated: February 2025

Date	Topic	Speaker	Description	Recording
February 2025	IHI Action Community and Live Course with Coaching	Laura Howell Nelson Kimberly Kindred, RN, BSN System VP, Patient Experience Care Continuum Prentice Lipsey CEO/President, Senior Living & Transitional Care	IHI is launching the next Action Community in March for health professional teams interested in accelerating the adoption of evidence-based age-friendly care in their setting. Over seven months, a team will test the 4Ms at their site of care (e.g., a hospital unit, primary care practice, nursing home) with the goal of achieving recognition as an Age-Friendly Health System. For hospitals, learn how you can prepare for the new CMS Age-Friendly Hospital Measure. This is also the first opportunity for home health care organizations to join the AFHS movement!	Click here for recording
October 2024	4Ms in new CMS measure and AHRQ's new strategic plan	Kedar Mate Dr. Michelle Schreiber Dr. Arlene Bierman Julia Adler-Milstein	Hear from Dr. Michelle Schreiber of the Centers for Medicare and Medicaid Services (CMS) about how CMS is supporting age-friendly health care in the US, including the new Age-Friendly Hospital Measure. Dr. Arlene Bierman of the Agency for Healthcare Research and Quality (AHRQ) will delve into AHRQ's new strategic plan to optimize older adult's health and well-being. Julia Adler-Milstein of the University of California, San Francisco, will discuss the newly launched Age-Friendly Health Systems Research Network. IHI President and CEO Dr. Kedar Mate will moderate the discussion.	Click here for recording
February 2024	IHI Action Community	Laura Howell Nelson Anu Kirupananthan Kerri Maya	IHI is launching the next Action Community in March for health professional teams interested in accelerating the adoption of evidence-based age-friendly care in their setting. Over seven months, a team will test the 4Ms at their site of care (e.g., a hospital unit, primary care practice, nursing	Click here for recording Password: KJ6T^DCc

		Marie Goode	home) with the goal of achieving recognition as an Age-Friendly Health System	
Oct 2023	VHA – Leading an action community and incorporating 4Ms into their health system	Dr. Laurence Solberg Dr. Andrea Schwartz Kim Church	The Department of Veterans Affairs (VA) presented key insights from the VA's AFHS journey on how to organize, lead, and engage in an Action Community and how to incorporate innovative approaches to equitably serve older adults. During the call, presenters will describe the steps to organize and lead an Age-Friendly Action Community, share strategies to overcome challenges when implementing the 4Ms across care settings, and introduce innovative approaches to equitably provide 4Ms care to older adults.	Click here for recording
July 2023	Three Keys to Age-Friendly Cross-Sector Care AdventHealth Hendersonville	Laura Howell Nelson Dr. Anna Hicks	Hear from AdventHealth Hendersonville and the IHI team. Dr. Anna Hicks discusses how AdventHealth implemented the 4Ms at their health care facility and how they engaged their local community. Dr. Hicks is a geriatrician and internist, and has served as the Age-Friendly Physician Champion for this community healthcare system. AdventHealth Hendersonville has implemented the 4Ms and been recognized as an Age-Friendly Health System since 2020. Read about AdventHealth's leadership in this case study. Laura Howell Nelson from the Age-Friendly Health Systems team at IHI discusses the Three Keys to Age-Friendly Cross-Sector Care. This work leverages collaboration as a vital tool to bring together public health and health care organizations and other partners outside of these sectors across the care continuum. Download the Implementation Guide and Workbook for more about this framework and specific recommendations to support	Click here for recording

			efforts to provide Age-Friendly care to all older adults across sectors.	
Apr 2023	4Ms care in EPIC	Patti Pagel	Join the Institute for Healthcare Improvement's Age-Friendly Health Systems team to learn how systems have integrated the 4Ms into their electronic health record with guests Advocate Aurora, and hear updates on the Age-Friendly Health Systems movement.	Click here for recording
Feb 2023	IHI Action Community	Kathryn Stambaugh Stephanie Jones Angela Hunt	Hear from Russell Medical Center, Lifelong Medical Center, and The Cedars. We also discuss the Spring 2023 IHI Action Community, a network of teams from across different health systems who come together to accelerate their own adoption of the 4Ms. Guided by expert faculty and an "all teach, all learn model," teams participate in monthly webinars, attend a convening, and test specific changes to improve care for older adults.	Click here for recording
Oct 2022	Alzheimer's and Dementia Care Program	Dr. David Reuben	Hear from UCLA Alzheimer's and Dementia Care Program on the spread and scale of the 4Ms Framework to Alzheimer's and Dementia Care sites. We also share information about available resources including new case studies, guides to Age-Friendly Health Systems recognition, and our Open School course.	Click here for recording
July 2022	CVS Minute Clinic Innovations	Anne Poehnert Mary Dolansky	Hear from CVS MinuteClinic, a key partner in spreading 4Ms care to their 1,200 clinics. The CVS MinuteClinic team will share how they used improvement methods, leadership approaches, data analysis, adaptations to the EHR to facilitate documentation, and other innovations in service of improved care for older adults. We also shared information about newly available resources including guides to Age-Friendly Health Systems recognition for Geriatric Emergency Department	Click here for recording

			accredited sites and Geriatric Surgery Verification Hospitals.	
Apr 2022	Alignment of Age-Friendly and Geriatric Emergency Department Accreditation	Pamela Martin Kevin Biese JoAnne Reifsnyder	Presenter JoAnne Reifsnyder, PhD, MSN, MBA, RN, FAAN, spoke about our new Nursing Home Guide and Workbook, and Pamela Martin, APRN, Kevin Biese, MD, and Leslie Pelton, MPA spoke about the 4Ms and Geriatric Emergency Department Accreditation (GEDA).	Click here for recording